

WATCH YOUR SIX

AWARENESS IS SURVIVAL.

When you're alone, you are your own team.
No one has your back but you. **Watch your six.**



THE SIX EXPLAINED

Your six is the area directly **behind you**—from hip to hip. It's your most vulnerable area and the most commonly neglected.

The Watch Your Six Protocol gives you a simple, repeatable system to maintain rear awareness in any environment.

THE CLOCK

Imagine a clock around you.
12 is front. **6** is your back.



12 O'CLOCK – FRONT

Primary direction of movement and focus.

3 & 9 O'CLOCK – FLANKS

Monitor peripherally. Watch for movement and violations.





6 O'CLOCK – REAR (YOUR SIX)

High-risk area. Requires active awareness and scanning.






THE PROTOCOL

-  **1 ACKNOWLEDGE**
Acknowledge your six. Make it a habit, not a reaction.
-  **2 SCAN & MOVE**
Scan your six through movement, turns, and periodic checks. Don't stare—verify.
-  **3 CONTROL YOUR ENVIRONMENT**
Choose others and positions that minimize blind spots and escape routes.
-  **4 COMMUNICATE (IF NEEDED)**
Inform others of your movement and expected return.
-  **5 REPEAT**
Make it continuous. The clock never stops.

SOLO OPERATOR: CLOCK IN ACTION

MOVING FORWARD	STOPPED / OBSERVING	TURNING / CHANGING DIRECTION	ENTERING NEW AREAS
 <ul style="list-style-type: none"> • Move with purpose. • Vary speed and path. • Check 6 periodically. 	 <ul style="list-style-type: none"> • Pause. Scan 360°. • Check 6 before focusing forward again. • Don't get tunnel vision. 	 <ul style="list-style-type: none"> • Before you turn, check your 6. • Cross-check after the turn. 	 <ul style="list-style-type: none"> • Anticipate threats behind you. • Clear your 6 before committing forward.

SOLO OPERATOR REMINDERS

-  You can't rely on anyone to watch your back.
-  Complacency creates blind spots.
-  Noise travels. Movement attracts attention.
-  Always know how you'll get out before you go in.
-  Awareness is your best protection.



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YOU ARE YOUR ONLY BACKUP.
WATCH YOUR SIX.